

Another Healthy Recipe from



Glowing Green Juice

INGREDIENTS

- 5 stalks celery, chopped
- 2 Anjou pears, chopped
- 1 Granny Smith apple, chopped
- Stems from 1 bunch fresh cilantro
- 1 small serrano chile, seeded
- 1/2 lemon, peeled
- 1/2 lime, peeled

HOW TO MAKE IT

1. Juice celery, pears, apple, cilantro stems, serrano chile, lemon, and lime in an electric juicer. Divide between 2 tall glasses; serve immediately.

