

Another Healthy Recipe from



Quinoa and Shrimp Salad

INGREDIENTS

1C uncooked quinoa
2 C water
12 oz baby shrimp
1 C cherry or grape tomatoes
1/4 C chopped fresh basil
2T capers
2T finely chopped green onion
3T olive oil
1-2 T lemon juice
1t lemon peel



DIRECTIONS

Rinse quinoa well under cold running water. Bring water to a boil in medium saucepan over high heat. Stir in quinoa. Cover; reduce heat to low. Simmer 12-14 minutes or until quinoa is tender and water is absorbed. Cool to room temperature. Combine quinoa, shrimp, tomatoes, basil, capers and green onion in large bowl. Combine oil, lemon juice, lemon peel in small bowl. Pour over salad. Toss gently to mix well.